

Resultat 2-mannstafett 3. august 2011

Sælandskogen, 1:5000 6 x 7-800m runder
68 deltakere

LAG

Navn	Klubb	A	B	C	D	E	F	Total	Lag
Ola Magnus Laugaland	ÅO	00:04:01	00:04:26	00:05:10	00:04:50	00:04:06	00:04:03	00:26:36	
Sigurd Oftedal	ÅO	00:04:26	00:04:34	00:05:15	00:04:51	00:04:14	00:04:36	00:27:56	00:54:32
Simen Aamodt	SI	00:04:00	00:04:18	00:05:05	00:04:57	00:03:24	00:03:53	00:25:37	
Morten Aamodt	SI	00:04:51	00:04:53	00:06:48	00:05:26	00:04:15	00:05:00	00:31:13	00:56:50
Osvald Kozak	TBM	00:04:25	00:05:08	00:04:50	00:04:36	00:03:48	00:04:23	00:27:10	
Zdenek Liscinsky	TBM	00:05:53	00:05:41	00:05:15	00:04:40	00:03:57	00:04:37	00:30:03	00:57:13
Magnus Landstad	SI	00:05:01	00:05:15	00:05:45	00:05:33	00:04:20	00:05:04	00:30:58	
Tom Furland	SI	00:05:00	00:05:38	00:05:54	00:04:51	00:03:59	00:04:41	00:30:03	01:01:01
Lars Sigve Oftedal	ÅO	00:05:00	00:04:44	00:06:18	00:05:11	00:04:55	00:05:07	00:31:15	
Oddvar Taksdal	GIL	00:04:47	00:05:08	00:06:13	00:05:22	00:04:55	00:05:07	00:31:32	01:02:47
Øystein G. Tvedt	VOK	00:04:11	00:04:49	00:04:56	00:04:50	00:04:06	00:04:15	00:27:07	
Amund G. Tvedt	VOK	00:07:02	00:07:03	00:07:26	00:05:53	00:05:02	00:06:33	00:38:59	01:06:06
Kjell Dale	SI	00:05:39	00:05:57	00:05:46	00:05:24	00:05:24	00:05:20	00:33:30	
Jan Einar Øvremo	ÅO	00:05:20	00:05:33	00:05:43	00:05:17	00:04:35	00:06:42	00:33:10	01:06:40
Otto Alsnes	SI	00:06:40	00:07:02	00:06:32	00:06:50	00:06:22	00:09:01	00:42:27	
Kjetil Wirak	SO	00:05:22	00:05:51	00:06:13	00:05:34	00:04:18	00:05:04	00:32:22	01:14:49
Paul Terje Haarr	GIL	00:05:44	00:06:34	00:07:00	00:05:37	00:04:59	00:05:38	00:35:32	
Kristian Haarr	GIL	00:05:48	00:06:34	00:06:09	00:05:30	00:05:51	00:10:17	00:40:09	01:15:41
Espen Fyhn Nilsen	SI	00:06:23	00:06:28	00:06:42	00:06:25	00:06:59	00:06:39	00:39:36	
Pål Bårdsen	SO	00:05:41	00:05:36	00:06:18	00:05:57	00:08:05	00:05:29	00:37:06	01:16:42
Lars Hole Mikalsen	SI	00:05:39	00:05:33	00:06:19	00:05:20	00:04:35	00:07:41	00:35:07	
Geir Mikalsen	SI	00:07:32	00:08:54	00:07:31	00:06:14	00:07:33	00:08:37	00:46:21	01:21:28
Svein-Erik Kvame	GIL	00:06:36	00:06:53	00:07:12	00:06:18	00:05:09	00:05:42	00:37:50	
Øivind Dahl-Stamnes	GIL	00:06:54	00:07:51	00:07:25	00:06:48	00:06:54	00:08:23	00:44:15	01:22:05
Rune Christiansen	SI	00:06:42	00:07:41	00:07:10	00:07:19	00:06:33	00:07:52	00:43:17	
Sverre Espedal	SI	00:05:51	00:07:38	00:08:27	00:07:44	00:05:59	00:07:16	00:42:55	01:26:12
Ivar Johan Larsen	SO	00:06:37	00:07:51	00:08:17	00:07:03	00:05:49	00:07:40	00:43:17	
Nina Marie Larsen	SO	00:07:42	00:07:57	00:07:44	00:08:11	00:06:33	00:06:43	00:44:50	01:28:07
Roger Daniloff	SO	00:05:50	00:06:23	00:08:18	00:06:28	00:05:37	00:11:09	00:43:45	
Ivar Parnas	SI	00:07:13	00:07:13	00:12:51	00:07:13	00:06:42	00:08:18	00:49:30	01:33:15
Tore Tvedt	VOK	00:08:28	00:08:57	00:08:50	00:09:32	00:06:01	00:08:31	00:50:19	
Anne Gardsrud	VOK	00:06:37	00:07:46	00:08:24	00:07:20	00:06:12	00:07:33	00:43:52	01:34:11
Svein Glendrange	SO	00:07:19	00:07:46	00:08:15	00:08:25	00:06:58	00:08:55	00:47:38	
Einar J. Solgaard	Stav Kom	00:07:20	00:08:00	00:09:14	00:08:54	00:07:09	00:09:54	00:50:31	01:38:09
Torill Brekken	GIL	00:07:24	00:07:23	00:08:42	00:07:33	00:06:29	00:07:24	00:44:55	
Tor Brekken	GIL	00:10:48	00:09:24	00:09:58	00:07:57	00:07:27	00:09:21	00:54:55	01:39:50
Andreas Eide Skjæveland	SO	00:06:01	00:07:19	00:11:37	00:07:13	00:05:41	00:11:23	00:49:14	
Kjell Skjæveland	SO	00:10:32	00:09:33	00:11:06	00:11:31	00:11:06	00:11:00	01:04:48	01:54:02
Helga Aaslid	EOK	00:12:33	00:13:25	00:12:28	00:09:12	00:13:00	00:16:07	01:16:45	
Tormod Aaslid	EOK	00:08:17	00:09:22	00:09:56	00:09:45	00:06:10	00:13:17	00:56:47	02:13:32

Single

Stig Alvestad	GIL	00:04:18	00:04:30	00:04:46	00:04:37	00:03:50	00:04:22	00:26:23
Ondrej Ptacek	SO	00:05:34	00:06:26	00:06:49	00:05:47	00:05:41	00:06:00	00:36:17
Ole Petter Haikaas	Årstad	00:06:59	00:07:11	00:06:57	00:06:50	00:05:28	00:05:59	00:39:24
Tallak Langmyr	Statoil BIL	00:06:24	00:06:46	00:08:08	00:06:32	00:05:28	00:06:28	00:39:46
Ole Gabrielsen	VOK	00:06:01	00:06:29	00:07:58	00:06:33	00:05:05	00:08:35	00:40:41
Veronica M. Øvremo	ÅO	00:07:35	00:07:30	00:08:03	00:07:15	00:05:35	00:06:10	00:42:08
Hilde Nordbø	Riska OK	00:06:41	00:08:19	00:08:27	00:08:06	00:06:21	00:07:49	00:45:43
Inger Tone Nygård	EOK	00:08:38	00:08:11	00:08:33	00:06:58	00:05:38	00:08:07	00:46:05
Arne M Sondresen	Sandnes Kom	00:06:29	00:07:38	00:08:51	00:07:20	00:07:26	00:08:26	00:46:10
Thomas Eikum	Gjesdal Bi	00:08:30	00:09:00	00:08:39	00:07:20	00:07:08	00:09:14	00:49:51
Svein Eliassen	VOK	00:08:30	00:10:46	00:12:01	00:10:00	00:08:20	00:09:47	00:59:24
Haldis Glendrange	SO	00:10:35	00:11:10	00:11:43	00:11:00	00:10:05	00:12:24	01:06:57

